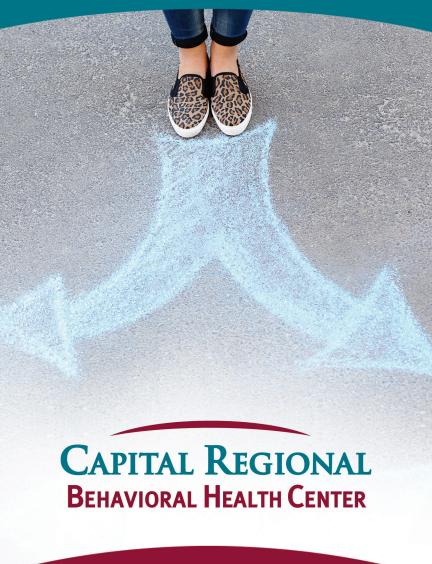
WHEN YOU'RE NOT SURE WHICH WAY TO TURN...

# TAKETHE ROAD TO WELLNESS



CapitalRegionalMedicalCenter.com

# Adolescent Intensive Outpatient Program

Monday - Friday - 3:30 p.m. - 7:30 p.m.



### THE PATH TO FEELING BETTER

This program includes 12 hours of therapeutic group activities per week.

### **SERVICES**

- » Cognitive Behavioral Therapy
- » Co-Occurring Diagnosis Therapy
- » Art/Music Therapy
- » Educational Group Therapy
- » Medication Management
- » Family Systems Therapy

## TREATMENT FOR

- » Ages 13-17
- » Psychiatric Disorders/ Co-Occurring Disorders
- » Crisis Situations
- » Depression and/or Anxiety
- » Post-Traumatic Stress Disorder

- » Grief/Loss Issues
- » Relational Conflict
- » Mood Swings
- » Inability to Sleep
- » Trouble Focusing or Completing Tasks
- » Difficulties at Work/School



2770 Capital Medical Blvd., Suite 105 Tallahassee, FL 32308 | **850.325.5750 CapitalRegionalMedicalCenter.com**