

WHEN YOU'RE NOT SURE
WHICH WAY TO TURN...

TAKE THE ROAD TO WELLNESS



CAPITAL REGIONAL
BEHAVIORAL HEALTH CENTER

CapitalRegionalMedicalCenter.com

Adolescent Intensive Outpatient Program

Monday - Friday - 3:30 p.m. - 7:30 p.m.



THE PATH TO FEELING BETTER

This program includes 12 hours of therapeutic group activities per week.

SERVICES

- » Cognitive Behavioral Therapy
- » Educational Group Therapy
- » Co-Occurring Diagnosis Therapy
- » Medication Management
- » Art/Music Therapy
- » Family Systems Therapy

TREATMENT FOR

- » Ages 13-17
- » Grief/Loss Issues
- » Psychiatric Disorders/ Co-Occurring Disorders
- » Relational Conflict
- » Crisis Situations
- » Mood Swings
- » Depression and/or Anxiety
- » Inability to Sleep
- » Post-Traumatic Stress Disorder
- » Trouble Focusing or Completing Tasks
- » Difficulties at Work/School

CAPITAL REGIONAL
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OUTPATIENT SERVICES

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